HOME HEALTH & HOSPICE CARE OF
NURSING PLACEMENT
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CHAP

CARING FOR A PERSON AT HOME WITH COVID-19: CAREGIVER INSTRUCTIONS

Wear A Face Mask

The caregiver and infected person should wear a surgical mask when in the same room. Wear a cloth mask if surgical masks are not available. Caregiver should add gloves if in contact with the patient's blood, stool, or bodily fluids.

Monitor Symptoms

Monitor the patient's symptoms and each family member's symptoms. If the patient is behind a closed door, have a method of communication to decrease the feel of isolation and to be aware of any sudden change in their condition.

Maintain Separate Bedroom

Close the door to the patient's bedroom. Pets should not enter. Limit children's exposure to the infected person. Screen visitors for fever and cough before allowing into the home. All visitors must wear a mask.

Separate Bathroom Preferred

If separate bathroom is unavailable, the infected person should wear a mask during use. Any bathroom should be disinfected following use. Be sure to wash your hands as you leave the bathroom.

Avoid Sharing Household Items

Avoid sharing household items with the patient including dishes, towels, bedding, and eating utensils. Clean "high touch" surfaces often using disinfectant. Bleach can be used in place of other disinfectants. For bleach solution, mix 4 teaspoons of bleach per quart of water.

Washing Laundry

Wash the infected person's clothes and bedding, and all cloth masks immediately if soiled with blood, stool, or bodily fluids, including mucous. Use disposable gloves when handling these items and keep them away from your body. Use the warmest recommended temperature to dry.

How To Handle Trash

All used disposable gloves and masks should be placed in a lined trashcan with a lid and then added to household trash for pick-up. Wash hands after handling. Avoid touching eyes, nose, and mouth with unwashed hands.

Provide Basic Needs

Ensure the infected person eats nutritious foods, drinks plenty of fluids, and takes all prescribed medications. Caregivers should care for pets.

Important Phone Numbers

Nursing Placement: 401-728-6500

Fax: 401-475-3925

RI Dept of Health COVID-19

Info Line: 401-222-8022

Resource: https://www.cdc.gov/coronavirus

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